



Halifax Community Center

Winter/Spring 2016

ACTIVITIES

Mom and Tots Art

This creative art class brings parents and their budding little artists together for some fun! We will experiment with color and open up minds through painting, cutting and pasting. Children will create their very own frame-worthy masterpieces for all to see! Supplies provided. Ages 3-4 yrs.

#182895	January	Tues
	10:30-11:30am	\$35
#182896	February	Tues
	10:30-11:30am	\$35
#182897	March	Tues
	10:30-11:30am	\$35

New Art

Delight your child's artistic side and help him or her become an artist. We will awaken your child's creativity with fun and exciting painting techniques. Each month we will develop a new technique and experiment with a different delivery of paint. Children will create their very own masterpieces. Supplies provided. Ages 5-7 yrs.

#182899	January	Thurs
	4-5pm	\$35
#182900	February	Thurs
	4-5pm	\$35

Fashion, Style and Me

Learn fun and fabulous fashion trends and create trendy items to take home. Each student will make a fashion presentation board as well. Ages 14-18 yrs.

#183287	Feb 2 - March 15	Tues
	7-8pm	\$50

Zumba Fit

Zumba® Fit is a feel-good workout based on a motivating fusion of Latin and international music with unique moves and dynamic combinations. A combination of fast and slow rhythms tone and sculpt the body, maximizing caloric output, fat burning and total body toning. No dance experience is required. Dance to great music with great people and burn a ton of calories without even realizing it! Ages 18+ yrs.

On-Going	Wed & Fri
6:45-7:45pm	\$5 per class

Toddling with Science

Join us as we introduce your preschooler to science through creative and interactive experiments. Over the course of the month, we will focus on how we impact the world we live in and how the world impacts us! Science is everywhere and it is up to us to find it! Ages 3-4 yrs.

#183228	January	Tues
	11-11:45am	\$36
#183230	February	Tues
	11-11:45am	\$36
#183231	March	Tues
	11-11:45am	\$36
#183232	April	Tues
	11-11:45am	\$36





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ACTIVITIES

Fashion, Glimmer and Fun

Learn fun and fabulous fashion trends and create trendy items to take home. Each student will make a vision board as well. Ages 8-13 yrs.

#183282 Feb 2 - March 15 Tues
6-7pm \$50

4Kicks Martial Arts

Students will gain self-defense skills, increase confidence and incorporate exercise into their lifestyle. New session starts January 11!

#183148 Jan 11 Mon
5-12 yrs 6:30 - 7:30pm
13 + yrs 7:45 - 8:45pm
\$60 per student per session

Canned Film Festival

Get out of the cold and warm up with a movie and popcorn while helping out your neighbors in need. Please bring two canned goods per child to be donated to a local food bank. Ages 6-12 yrs.

Jan 15 Fri
6-8:30pm Free with food donation

Pretty Princess Tea Party

Come dressed in your best for a fabulous tea party. Everyone will create a tiara to wear, show off their style in a fashion walk and enjoy party snacks. Supplies will be provided. Registration must be received by February 3. Ages 3-5 yrs.

Feb 8 Fri
10:30am-12pm \$5 per child

Green is the New Black

Celebrate Earth Day by making your own work of art entirely from recyclable materials. We will also discuss tips and tricks to help everyone go green! Supplies are provided, but dress for a mess. Registration must be received by April 18. Ages 7-12 yrs.

#183395 April 22 Fri
6:30-8pm \$5 per child

Fitness Room

The fitness room offers two treadmills, one elliptical, one recumbent bike, one universal weight machine, medicine balls and dumb bells from 5lbs-50lbs. Ages 18+ yrs.

10am-8:45pm Mon-Fri
9am-2:45pm Sat
1-5:45pm Sun

\$15 per month \ \$2 per day

Open Play Volleyball

If you enjoy playing volleyball with others in a competitive atmosphere, then this is for you! Must have valid picture ID. Ages 18+ yrs.

On-Going Fri
6-8:30pm Free

Toddler Open Gym

Do your children need to get some energy out? Bring them to open gym at Halifax Community Center!

On-Going Wed
10:30am-12pm Free



Halifax Community Center
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